



Dr. Michelle R. Severson has recently joined the Golinsky Specific Chiropractic team and is a new resident to the state of Virginia.

A passion for Chiropractic began at age fourteen for Dr. Severson. After experiencing her first chiropractic adjustment and then attending a guest lecture given by a local chiropractor, she chose Chiropractic as her ultimate dream job.

Originally from central New York, she graduated from Le Moyne College of Syracuse in 2007 and New York Chiropractic College in November 2010. Her love for Chiropractic and admiration of the state in conjunction with its increased opportunities encouraged her to take on the challenge of making a name for herself among Virginian Chiropractors.

Virginia was an appealing prospect for Dr. Severson with its beautiful landscapes, rich history, various equestrian events and promise

for a wonderful professional beginning.

In her time out of the Chiropractic office, Dr. Severson enjoys many outdoor activities including hiking and camping, often with her 4 border collies, riding horses, gardening and when up on the Finger Lakes of NY, scuba diving and boating.

Nutrition is also a passion of Dr. Severson's. While at chiropractic school she completed a Masters Degree in Applied Clinical Nutrition in July 2010, learning how to use supplements to improve general health and support the ailing body.

Dr. Severson maintains the philosophy that chiropractic can be beneficial for adults and children. She intends to build on her current experience and become advanced in treating pediatric patients.

Her mission is to treat adult and pediatric patients with a multidisciplinary approach that focuses on chiropractic techniques and nutritional aids to allow progress towards a more healthy life. By emphasizing detail, convenience, goal development and patient education, she aims to improve patient compliance, earn patient trust and gain respect within the community.